



J.R. Frisella, P.E. CDG Engineers, Inc. 1 Campbell Plaza, Suite 3A St. Louis, MO 63139 Work: 314-781-7770 jfrisella@cdgengineers.com

Professional Biography

J.R. currently is the Assistant Manager of Electrical Engineering (with an emphasis on power) at CDG Engineers. He started working at CDG as an intern and accepted a full-time position following graduation. He has worked for CDG for 6 years. He helps train newer engineers under him as well as managing larger projects involving industrial, power generation, arc-flash, utilities and mining. J.R. got his Bachelor of Science degree in Electrical Engineering from Missouri S&T in 2018 and became a registered PE in the state of Missouri in early 2023.

Personal Biography

J.R. is married and lives in St. Louis. He and his wife enjoy running, hiking, fishing, kayaking, and taking the dog to the park. He met his wife at S&T where they both competed in collegiate track and field.