

2026 ACEC
Midwest States Conference
SPEAKER



Lydia R. Zabrycki
Vice President, Client Engagement
ACEC Retirement Trust

BIOGRAPHY

Lydia Zabrycki is a Vice President at CAPTRUST, and spearheads Client Engagement for the ACEC Retirement Trust, a premier 401(k) program tailored for the American Council of Engineering Companies (ACEC) Lydia was a former Trustee on the ACEC Retirement Trust and also an owner at her engineering firm in California. Lydia has a proven track record of implementing efficiency-enhancing strategies and fostering strategic partnerships. Her collaborative approach has led to significant organizational growth. Lydia's goal is to make lives better which she does through the ACEC Retirement Trust which saves member firms time, money and improves their outcomes.